

## VOLUNTEER BRIEFING NOTES



### Introduction

My LEGACY envisions poverty free communities living dignified lives by equipping women and youth with skills to address socio-economic challenges in their communities. The main objective of the organization is to eradicate extreme poverty in marginalized communities by improving access to quality basic services including housing, empowering women and youth economically, promoting inclusive community leadership and advocacy for the promotion and protection of the rights of women and children.

My Legacy works in partnership with others including volunteers so as to achieve its objectives. A volunteer is a person who freely contributes time and effort to community service. People can engage with their community and improve it by volunteering.

The scope and influence of My Legacy's work could be expanded when the society volunteers. Through the implementation of programs that benefit a large number of beneficiaries, the community can serve as an advocate for the intended organization's goal and vision because training provided to community volunteers could be used to inform and raise awareness among the target audience (beneficiaries). As a result, My Legacy's cause will have gained more attention, partnerships, and support.

### Categories of volunteers who can work with My LEGACY

My LEGACY is looking for dedicated volunteers with different expertise and skills, who are ready to freely give their time and labour for community service and will help the organization to serve underprivileged communities.

My LEGACY is working with two distinct groups of volunteers who can play significant roles in communities we serve and also those who can perform function in the office. These are community volunteers and skilled graduate volunteers.

#### *Community-based Volunteers*

These are individuals within a specific community, who can generously offer their time and effort to support various community initiatives. We are looking for dedicated individuals who can actively participate in community-based activities, events, and initiatives aimed at addressing local needs and promoting social well-

being as per the organization's thematic areas. Their voluntary contributions greatly enhance the effectiveness and impact of community activities and also ensures sustainability of projects and initiatives. By engaging community-based volunteers, the organization will tap into the rich pool of talent and resources within a local area that we operate, thus fostering a sense of unity and collaboration among community members. This group of volunteers includes religious/faith-based leaders, influential community and political leaders, influential women and youth group leaders etc.

### *Skilled retirees and fresh graduate volunteers*

Skilled volunteers can add value to the organisation by offering specialized knowledge, expertise, and professional skills to assist in office-based activities and programmatic work. These volunteers are typically individuals who have completed their higher education or retirees who possess long term experience or/and specific skills relevant to the needs of the organization. Their involvement in office-based activities is immensely valuable, as they contribute their proficiency in areas such as administration, research, report writing, marketing, training, project management, resources mobilisation, communication, IT and other specialized fields. These graduates and/or retirees provide a valuable resource, supporting the efficient functioning and growth of the organization while also gaining practical experience (for the fresh graduates) and networking opportunities and staying active (in the case of retirees).

### **Advantages of Volunteering with My Legacy**

*Opportunity to establish new friends and contacts:* Committing to a shared activity with others is one of the finest ways to make new friends and deepen current ties. Being a volunteer with My Legacy will be a fantastic way to make new friends. By introducing yourself to others with similar interests and engaging in enjoyable and gratifying activities, volunteering also develops your links to the community and expands your support network.

*Gaining experience and develop your interpersonal and social skills:* By helping out at My Legacy, you will gain practical experience through exposure to the real world of work in case of fresh graduates. You will also get the chance to hone and improve your social skills. This will be an opportunity to meet more people and establish new relationships when you meet frequently with a group of people who share your interests.

*Boosts self-confidence:* Volunteering with My Legacy will provide you with a positive boost in terms of your self-confidence, self-esteem, and overall sense of well-being because you will be helping others and the community at large, which naturally gives you a sense of accomplishment. You will experience pride and identification in your volunteer work for our organization, and the better you feel

about yourself, the more probable it is that you will have a positive outlook on your life and future aspirations.

*Combating depression:* Another significant advantage of volunteering especially for retirees is that you will stay active, putting your long-term experience and expertise into use. This will not only keep you active, it will also lower the likelihood of developing depression due to loneliness. Social isolation is a major depression risk factor. As a result, working with My Legacy will help you maintain regular contact with people (staff and beneficiaries) and establish a strong support network, both of which will help you combat stress and depression when facing difficult situations.

*Advance your career:* If you're thinking about switching careers, volunteering with My Legacy will enable you to gain experience in sectors and network with professionals. Volunteering with us will give you the chance to practice crucial workplace skills, including teamwork, communication, problem solving, project planning, task management, and organization, even if you don't have any plans to change careers.

### How can you volunteer with My LEGACY?

If you are interested to partner with us as a volunteer, please submit your CV to the emails below:

[Mylegacy.tanzania@gmail.com](mailto:Mylegacy.tanzania@gmail.com)

[info@mylegacy.or.tz](mailto:info@mylegacy.or.tz)